

PAEDIATRIC THERAPY & WORKSHOPS

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INTENSIVE THERAPY PROGRAM

WHAT IS THE PROGRAM ABOUT?

The Intensive Therapy Program is an innovative treatment approach for babies and children with **cerebral palsy and other 'neuromotor challenges'**. It is primarily designed to address the unique and desired goals of each child and the child's family. Intervention is relevant to and focused on the everyday contexts in which your child is engaged or wishes to engage. Therapy will be provided over three or four days by Dr Kate Bain, an experienced Paediatric Occupational Therapist certified in Neuro-Developmental Treatment (NDT) and a qualified Neuro-Developmental Treatment Association (USA) Advanced Instructor. The intensive program is designed to complement the child's ongoing regular therapy.

WHAT IS NEURO-DEVELOPMENTAL TREATMENT?

Neuro-Developmental Treatment (NDT) is a 'hands-on' therapeutic approach that aims to assist children to increase their independence and participation, at home and in the community, by addressing task-related posture and movement skills and motor learning. Treatment is goal-directed and family-driven; the family and child choose the daily tasks they want to work on improving, and this becomes the focus of the therapy, through measurable functional goals that are assessed before an after treatment each day. Play and engaging activities help to make therapy enjoyable.

HOW DO CHILDREN AND FAMILIES BENEFIT FROM THE PROGRAM?

The program aims to improve the child's independence with daily living skills such as eating, drinking, dressing, personal hygiene and toileting; play and leisure activities; kinder and school related tasks, such as writing, drawing and cutting; mobility and transition skills. Participating families can expect to see improvements toward the chosen goals, and learn how to better assist their child with new and developing skills.

IS YOUR CHILD ELIGIBLE?

The program is open to children with cerebral palsy or other neuromotor conditions aged 0 – 18 yrs who are medically stable **and able to work with a therapist with whom they are not familiar**.

HOW MANY HOURS OF THERAPY DOES EACH CHILD RECEIVE?

The program is provided: at Health Sciences, Southern Cross University, Gold Coast, QLD; at Cerebral Palsy Support Network, Preston, VIC; or from a venue that families regularly visit (by request). Children receive a minimum of one therapy session per day of 90 minutes duration on three or four consecutive days. Alternatively, our therapist visits families in their home to provide a minimum of three hours therapy a day over three or four days (see our [in the home flier](#)).

PROGRAM COST

This is a fee for service program. The 2018 consultation fee is \$175 per hour for intensives up to six hours duration, with a discounted rate applying for intensives longer than six hours. The fee includes daily written reports and a USB of videos taken during treatment. Dr Bain is a registered Better Start and NDIS Service Provider and has a current HIC provider number (for private health insurance claims). Please contact Paediatric Therapy & Workshops if you would like to enrol your child but are not eligible for any funding support, as we may be able to assist you with alternative payment arrangements.

HOW TO REGISTER YOUR CHILD FOR THE PROGRAM

Please register your interest in this program with Dr Chris Porter (Manager) on 0412 751741 or via pw@paediatricworkshops.com.au. You will be sent an application form to complete and return. The treating therapist will review the applications received and you will be informed as to whether your child has been accepted into the program. If your child is accepted, you will receive an information package that will contain all the details you require prior to attending.

Visit www.paediatricworkshops.com.au to find out more about Paediatric Therapy & Workshops