

PAEDIATRIC THERAPY & WORKSHOPS

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INTENSIVE THERAPY IN THE HOME

WHAT IS THE PROGRAM ABOUT?

The Intensive Therapy Program is an innovative treatment approach for babies and children with cerebral palsy and other 'neuromuscular challenges'. It is designed to address the unique and desired goals of each child and the child's family. The program is based on Neuro-Developmental Treatment (NDT™) and associated paediatric therapy. Therapy will be provided as two sessions per day each on three to four consecutive days by Dr Kate Bain, an experienced Paediatric Occupational Therapist certified in Neuro Developmental Treatment (NDT™) and a qualified Neuro-Developmental Treatment Association (USA) Advanced Instructor. The intensive program is designed to complement the child's ongoing regular therapy.

WHAT IS NEURO-DEVELOPMENTAL TREATMENT?

Neuro-Developmental Treatment (NDT™) is a 'hands-on' therapeutic approach that aims to assist children to increase their independence and participation, at home and in the community, by addressing task-related posture and movement skills and motor learning. Treatment is goal-directed and family-driven; the family and child choose the daily tasks they want to work on improving, and this becomes the focus of the therapy, through measurable functional goals that are assessed before and after treatment each day. Play and engaging activities help to make therapy enjoyable.

HOW DO CHILDREN AND FAMILIES BENEFIT?

The program aims to improve the child's independence with daily living skills such as eating, drinking, dressing, personal hygiene and toileting; play and leisure activities; kinder and school related tasks, such as writing, drawing and cutting; mobility and transition skills. Participating families can expect to see improvements toward the chosen goals, and learn how to better assist their child with new and developing skills. Parents may invite their child's regular therapist to observe the final treatment session or, alternatively, to attend all sessions - and received 'self-styled' CPD training between sessions (fee applies for training).

WHEN AND WHERE WILL THE PROGRAM RUN?

The program will take place in your home or selected venue over dates that suit you.

IS YOUR CHILD ELIGIBLE?

The program is open to babies and children with cerebral palsy and/or other neuromotor issue aged 0 – 18 yrs who are **medically stable and able to work with a therapist they are not familiar with.**

PROGRAM COST

Please refer to the fee schedule below. Dr Bain is registered as a BetterStart service provider, and as an NDIS provider in several States. She also has a current HIC number (for health insurance claims). For families self-funding the treatment program, payment can be made by EFT, credit card, or cheque. Please contact us if you would like to enrol your child, but are not eligible for any funding support, as we may be able to assist you with payment by instalments.

FEE SCHEDULE	Single child	Two or more children ²
	Full Fee¹	Fee/child
3 day intensive ³	\$2,160	\$1,650
4 day intensive	\$2,840	\$2,160
Therapist Training ⁴	\$190/hr	

1. Base therapy fee \$190 per hour. Fees for intensives longer than 6 hours duration have a discounted hourly rate applied. Four hours per day with therapist. Our therapist is based in Victoria. The cost of interstate travel will be additional - to be shared between the families who register.

2. You may wish to encourage another interested family in your area to apply for intensive treatment on the same days. Each child will receive three hours of one-on-one therapy per day.

3. We recommend three days of treatment for 3 hours a day as the minimum duration for a treatment intensive - to allow for your child's progress during treatment.

4. Your child's regular treating therapist is welcome, with your permission, to attend all sessions and receive self-styled CPD training **between** sessions (approx 1 hr per day) at the stated hourly rate, or may observe the final session at no cost.

HOW TO REGISTER YOUR CHILD FOR THE PROGRAM

To access this program, please contact Dr Chris Porter (pw@paediatricworkshops.com.au; M: 0412751741). You will be sent an application form to complete and return. Dr Bain will review your application and you will be informed as to whether your child has been accepted into the program. If your child is accepted, you will receive an information package that will contain the details you require to prepare for the home visit, and permission forms to sign and return.

