NDT Based Therapeutic Aquatics for Pediatrics*
“Making Therapy Fun! Using Water for Functional Gains in Pediatrics”

Jane Styer-Acevedo, PT (USA), C/NDT
Glenroy Specialist School, Melbourne, VIC

Two-day basic workshop 6 – 7 September 2013
Optional extra day 8 September 2013

Description:
This workshop is an intensive introductory to intermediate level course that is designed for the health care professional (physical therapist, occupational therapist, and speech and language pathologist) and paraprofessional currently working in the aquatic environment or desiring to begin work in aquatics. A problem based approach is used to determine the aquatic treatment strategies best suited to the pediatric client; based on their identified functional outcome, the task analysis of that outcome, and the impact of water on their movement. A variety of treatment techniques will be taught to emphasize the strengthening and symmetry of the trunk while activating and strengthening the extremities towards the functional outcome, practicing these techniques under supervision in the pool labs. Strong emphasis will be placed on application of the techniques being learned in the classroom in the pool experiential labs and treatment sessions. Safety skills will be reviewed and practiced in the pool as they can be applied to “land” function. Treatment demonstrations will be used to assist in planning and integrating aquatic and land-based interventions on the first afternoon. The third day can be attended separately to learn advanced aquatic handling skills, improve your analytical skills for planning and completing aquatic sessions toward a functional goal, and for practicing new strategies on clients for therapists who have attended aquatic classes in the past and currently carry a caseload of children in the aquatic environment.

Objectives:
At the completion of this workshop, participants will be able to:
1. Identify the properties of water that most significantly impact the gross, fine and oral motor deficits typically seen in pediatric clients.
2. Identify the properties of water that most significantly impact the musculoskeletal, sensory/perceptual and vestibular impairments typically seen in pediatric clients.
3. Choose the treatment strategies particular to water that directly impact the motor, adaptive or communicative functions in pediatric clients.
4. Apply water safety and swimming techniques towards identified functional land and/or water outcomes.
5. Organize treatment strategies into an effective sequence to achieve a client’s identified functional outcome.
6. Demonstrate understanding and basic skill level in at least 15 aquatic treatment strategies as discussed in the mornings and demonstrated in the afternoon pool sessions.
7. Day three:
   a. Demonstrate ability to create an efficient and effective treatment session towards a functional outcome using the ICF Model for analysis of a child’s videotaped typical function on “land”.

* PAEDIATRIC WORKSHOPS
  Theory • Practice • Research
b. Participate in the aquatic treatment session planned in the morning.
c. Understanding of advanced handling techniques: Halliwick II – Water Specific Therapy
d. Demonstrate creativity and safety in treating a child with neurological challenges in the pool environment.

Schedule:
The workshop will run from 8:30 am – 4:30 pm each day. Participants for the first two days should arrive by 8:15 am on day one to complete registration and pick up the course notes. Applicants will be sent participant information that will include a more detailed schedule, venue details and what to bring.

About the presenter:
Jane Styer-Acevedo, PT (USA), DPT, NDTA Coordinator Instructor, C/NDT is a dynamic educator and clinician renowned for integrating "non-aquatic" and "aquatic" based intervention from the acute phase, through rehabilitation, and to community entry or re-entry towards life long health and fitness. Jane has presented over 300 workshops nationally and internationally on NDT and also on therapeutic aquatics since 1983. As such, she organizes and teaches the pediatric certificate courses for children with neurological impairments. She also teaches shorter, introductory courses and multiple specialty topics. A senior adjunct faculty at Arcadia University and author of multiple articles and publications, Jane is a master clinician with expertise in inpatient, outpatient, homecare, early intervention services, sheltered workshops, and treatment of infants through adults with developmental and neurological challenges.

Registration:
The registration form is attached to this information. Please complete and return via email attachment or as hard copy to the postal address. The early bird registration fee for the first two days is $520 (GST incl.) and for all three days is $700 for payment before 31 July 2013. The fee for attending day three only is $260* Registrations after this date will incur an additional $50 administration fee. Registration closes 11 August 2013. The fee includes course materials, lunch, and morning / afternoon teas. Payment may be made via cheque, credit card or electronic funds transfer. Please contact us if you require an invoice to be issued. A tax receipt will be sent with confirmation of registration upon full payment.

(*Those of you who have previously completed Jane’s two day Therapeutic Aquatics workshop, or equivalent, are welcome to enroll for the third day only or for the full three days (if you would like to refresh your knowledge). Those of you who are doing this course for the first time may enroll for either two or three days. If enrolling for the advanced day only, please send a photocopy of your Therapeutic Aquatics attendance certificate with your application. In addition, those registering for day three only will require evidence that they are covered by professional indemnity insurance.)
Workshop: NDT Based Therapeutic Aquatics  
Presenter: Jane Styer Acevedo PT (USA)  
Glenroy Specialist School, Melbourne, Victoria 6 – 8 September 2013

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Do you have any special dietary needs?.........
If yes, please specify e.g. vegetarian: ................................................................
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Send your completed registration form to Paediatric Workshops, Attn Chris Porter, 
PO Box 1478, GEELONG, VIC 3220; or via email attachment to: pw@paediatricworkshops.com.au
Any queries please email the above address or phone 0412 751 741

PAYMENT DETAILS
Two day workshop $520 (inc GST)
Three day workshop $700 (inc GST)
Day 3 only $260 (inc GST)

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Payment options:
I will attend 2 day / 3 day / day 3 only (please circle one) workshop.
a) I have enclosed a cheque for $..........................
    (cheques payable to Paediatric Workshops.)
b) Please charge my (circle):
    Visa Mastercard
Card Number .................................................................
Expire date ..............................................................................
Cardholder name ............................................................... 
Cardholder signature .........................................................
Date: .............................................................. $..........................
c) I have credited the account below with $____
BSB 033208  Account number 206041 Account name: Paediatric Workshops
Transfer date: .................................................................
Reference number: ............................................................... 
(or attach proof of electronic transfer).

Paediatric Workshops ABN: 60 172 609 609

Cancellation policy: Paediatric Workshops reserves the right to cancel the course for due cause with full 
tuition reimbursement. Reimbursement for participant cancellation is at the discretion of 
Paediatric Workshops, and could entail retention of a 30% fee for cancellation after 31 July 2013, and no 
refund for cancellation after 11 August 2013.

Privacy notice: Paediatric Workshops is committed to protecting personal and sensitive information 
consistent with the principles set out in the Victorian Information Privacy Act 2000. Personal information 
provided by you will only be used for the purpose of this workshop and your mail address will go on our 
mailing list unless you indicate otherwise.